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**Other Important Conditions Associated with Medical Mycology**

1. **Inhalation of fungal materials to initiate allergy\***
2. **Ingestion of fungal materials such as mushrooms which produces mushroom poisoning\*\***
3. **Ingestion of food products contaminated with fungal toxins**

\* **mycotic allergies (mold allergies)**  
\*\* **mycetismus (mushroom poisoning)**  
\*\*\* **mycotoxicosis (mold toxin poisoning)**

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**Allergic Conditions**

**Hypersensitivity to common molds**

1. **sensitivity in usually atopic individuals (underlying hereditary basis). Usually to low number of allergens\*,\*\***
2. **sensitivity in individuals chronically exposed to large numbers of allergenic fungal particles. e.g. Farmer's Lung**

**\*asthma-type symptoms - seasonal (fall & spring in Texas; type I hypersensitivity**

- |    |                         |                  |
|----|-------------------------|------------------|
| 1) | <i>Alternaria</i>       |                  |
| 2) | <i>Helminthosporium</i> |                  |
| 3) | <i>Drechslera</i>       | all              |
| 4) | <i>Cladosporium</i>     | form-            |
| 5) | <i>Hormodendrum</i>     | genera           |
| 6) | <i>Penicillium</i>      | (anamorph names) |
| 7) | <i>Aspergillus</i>      |                  |

**\*\*usually IgE mediated**

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Low dose mold asthmas

1. Childhood type - reaches peak in early adolescence, then subsides
2. Adult - severe form that begins most often at ~>40 yrs. Progressive → emphysema-like induced death at extreme

Chronic large dose

1. Farmer's Lung - moldy hay\*
2. Bagassosis - sugar cane residue\*\*
3. Byssinosis - cotton dust\*\*
4. Lycoperdosis - puff balls & snuff\*
5. Maple bark strippers disease, etc. molds growing under bark\*

\*mold conditions

\*\*and its molds

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1. Farmer's Lung
    - a. *Aspergillus* sp. e.g., *A. fumigatus*  
*A. niger* & *A. flavus*, etc.
    - b. *Penicillium* sp\*  
*P. simplicissimum*  
*P. herquei*  
*P. rubrum*  
*P. italicum*  
*P. caseiocolum*
    - c. other form-species  
Species not regular air contaminants. Usually thermotolerant species found growing on decaying plant material in barns, storage areas or wet fields, also in compost.

\**Penicillium marneffeii*, agent of AIDS-related mycosis in SE Asia. See RR (on AIDS-related penicilliosis)

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**Mushroom Poisoning  
(Mycetismus)**

- A. Symptoms after ingestion
1. minor gastrointestinal distress
  2. hallucinations
  3. delirium
  4. coma
  5. death
- B. Causes - many species
1. mostly Holobasidiomycotina of order Agaricales, class Holobasidiomycetes (syn. Hymenomycetes) even a few Euscomycota - Discomycetes
- C. In U.S. -
- mostly children (accidental) or -young adults looking for "highs"
  - foreigners or recent immigrants (mycophiles): most U.S. citizens are mycophobes\*

\*English (British) legacy. (mycophobia)  
"kickers" vs "pickers"!

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**Types of Mushroom Poisonings**

1. Cyclopeptide poisonings\*
2. Monomethylhydrazine poisonings
3. Coprine poisonings
4. Muscarine poisonings
5. Ibotenic acid & muscimol poisonings
6. Psilocybin & other indol poisonings
7. Gastrointestinal irritant poisonings
8. Mushroom alcohol sensitivity

\*most common and most serious:

<i>Amanita</i> (death caps) <sup>0</sup>	volva -- white spores
<i>Lepiota</i> <sup>00</sup>	no volva -- white spores
<i>Conocybe</i> <sup>000</sup>	brown spores**
<i>Galerina</i> <sup>000</sup>	

<sup>0</sup> at best not recommended/not edible & at worst, deadly poisonous

<sup>00</sup> some edible and delicious, others poisonous

<sup>000</sup> not recommended/poisonous

\*\*adage "don't eat small brown mushrooms: may relate to these

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### General Clinical Course

1. Symptoms begin after 8 - 12 hours  
indicating phallotoxins may be eliminated (degraded) in humans before cause problems.
2. Nausea, vomiting, cramps, severe diarrhea
3. After 2 - 3 day gastrointestinal phase subsides (more quickly with fluid & electrolyte substitution)
4. Around day 5 (onset of severe necrosis of liver cells) with release of diagnostic enzymes (alkaline phosphatase)\*\*,\*\*

\* effect of  $\alpha$  amanitin  $\rightarrow$  inhibits RNA polymerase II\*\*

\*\*terminates protein synthesis (at transcriptional level)

\*\*also associated with clotting deficiency

\*\*\*often only treatment is a liver transplant

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### Mortality Rates

~ 50% in children below age 10

~ 16% or less among older

overall, ~ 20%

-rate related to amount of mushroom ingested vs size of ingestor

-therapy = fluid replacement; liver transplant

-most treatments not real good:

- 1) but better if w/in 1-2 to 4-6 hrs., empty stomach by ipecac emesis\* & gastric lavage with activated charcoal and try to clean blood
  - a) haemodialysis
  - b) haemoperfusion\*\*
  - c) apheresis\*\*\*
- 2) increase excretion of toxin
- 3) supportive measures - Pen G (@300-1,000K units/kg/day), throcytic acid, etc.
- 4) Bastion Method - vit. C, etc.
- 5) monitor alkaline phosphatase for liver enzymes & liver function/destruction

\*induced vomiting

\*\* cleaning patient's blood with activated charcoal, after which it is returned

\*\*\* separation of patient's blood into components, after which only portion ("cleansed") is returned

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### **Mycotoxicosis - mold toxin poisonings of humans and animals**

- 1. Mycotoxicoses are not transmissible**
- 2. Drug and antibiotic treatment have little or no effect on the disease.**
- 3. In field outbreaks, the trouble is often seasonal.**
- 4. The outbreak is usually associated with a specific food or feedstuff.**
- 5. The degree of toxicity is often influenced by the age, sex and nutritional state of the host.**
- 6. Examination of the suspected food or feed reveals signs of fungal activity.**
- 7. Active mycotoxins usually termed secondary metabolites**

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### **Types of Metabolic Products**

- a) primary metabolites**
- b) primary accumulated metabolites (overflow metabolites)**
- c) secondary metabolites (shunt metabolites)**

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### **Why Secondary Metabolites Arise?**

- 1) biochemical pathway lesions**
- 2) biosynthesis of “waste” products.**
- 3) biosynthesis of detoxifying agents from deleterious products**
- 4) biosynthesis of compounds, which are products of chance events (unusual stress conditions)**
- 5) biosynthesis of excess regulators**
- 6) biosynthesis of unusual compounds important for development**
- 7) virus- or plasmid-mediated products of metabolism.**

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### **Some Examples of Mycotoxins**

**Aflatoxins  
Ochratoxins  
Satratoxins  
Cytochalasins  
Rubratoxins  
Trichothecenes  
Vomitoxins  
Zearalonones  
Patulins  
Etc.**